

Microaggression Activity - Student worksheet

Match the microaggressions in column one with their possible interpretations in column two.

☰ "You don't even seem Black."	☐ People of your background are rude and unrefined.
☰ "You are a credit to your race."	☐ People of your race are unintelligent.
☰ "Why are all Black women so loud?"	☐ Feminine traits are undesirable.
☰ "Keep an eye on the Black shoppers."	☐ Your experience as a minority is no different from anyone else's.
☰ "I have lots of ethnic friends."	☐ I'm not racist because I'm oppressed too.
☰ "You speak English very well."	☐ You are not [Canadian].
☰ "No, where are you really from?"	☐ I'm not racist.
☰ "The only race is the human race."	☐ Everyone from your group acts the same.
☰ "You throw like a girl."	☐ I notice that you are different and not really from here.
☰ "As a woman I understand being a minority."*	☐ Blacks are all criminals

*Said by a white woman to a woman of colour.