

# CFP Module Materials: Everyday Racism

## Summary

This lesson aims to enlighten and and empower students of all races to feel confident about speaking out and asking questions about race and racism.

## Content Rating

There are references to derogatory terms, acts of racism and violence in this module.

## Lesson Plan & Take Aways

1. Learn the anthropological interpretation of race, shifting the way we think about our “differences”
2. An exercise in acknowledging bias (Physical Appearance Categorization Activity)
3. Identification and defining of different forms of racism: Systemic, Covert, Overt
4. Define and identify microaggressions through an interactive activity (Microaggression Meaning Activity)
5. Demonstrate how the overt history of racism informs our present covert words and behaviors
6. Find out how we can support growth and understanding with tools for remediating our own tendencies toward unintentional covert racism

## Preparation

**Printing:** There are two activities that involve optional student worksheets, however, digital (no printing) options are also provided. We suggest printing out instructions and student worksheets prior to the lesson for time's sake.

**Collecting Responses:** At the end of the lesson we ask students to submit a question (if they have it) that can either be mailed or emailed to us. Please let us know how we can support this effort, and if you would like to receive a stamped envelope.

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## Interactive Elements

**Physical Appearance Categorization Exercise :** The purpose of this activity is for students to explore how physical appearance cues affect our perceptions of others. Students will consider the cues people use to categorize others including race and gender, and cues based on clothing style and facial expression. (Optional printed worksheets, we suggest the printed version as it is more conducive to honest answers and quiet individual reflection.) **See teacher instruction print out.**

**Identify the Form of Racism Challenge:** Students will be presented with various scenarios and facts both current and historic and be asked, as a group, to identify the form of racism being exhibited (covert, overt, systemic).

**Microaggression Challenge:** This activity teaches students to recognize how different audiences can interpret language and microaggressions. It teaches students to understand the implications of their speech. (Optional printed worksheets, both versions of this exercise are effective.) **See teacher instruction print out.**